

KEVIN TRUDEAU'S NUGGETS OF GOLD

THE SCIENCE OF PERSONAL MASTERY

Lesson 3

Welcome to The Science of Personal Mastery Course: Lesson 3.

Remember, when you go through this Lesson, and when you are reading anything, if you come to a word you are not 100% certain as to the meaning, origin, derivation and essence, stop and look the word up, first in your personal dictionary. If the word is not there, look it up in a comprehensive dictionary, and then add the word to your personal dictionary using the procedures described in Lesson 2.

I am assuming you have completed Lesson 1 and Lesson 2. If you have not, I would encourage you to complete those Lessons first, before you continue with this lesson. Many of the concepts that are taught in those lessons are used as a foundation in this and all future lessons.

Each lesson actually builds on all the previous lessons. You should always do the lessons in order. There is a cumulative effect in the power of the Lessons when done in the order they are designed. Always do the Lessons with proper intent and with focus and concentration. Do the Lessons slowly with purpose.

There is also a powerful effect when you "redo" a Lesson in a "new unit of time". You can go back and redo any Lesson you want to, at any time, and you will experience amazing benefits. I recommend you go back and redo Lessons when and if you feel led to do so.

First, we are going to "illuminate/activate" some words.

-Start with the first word. Go to your personal dictionary and see if the word is there. Many of the words should be there already.

-If the word is in your personal dictionary, simply read all you have written about the word: the root of the word, the origins of the word, the derivation, the meanings, the sentences you wrote using the word for it's various meanings etc. Then use the word in a new sentence for each definition, and say the new sentence out loud. You do not have to write down the new sentences. Make sure you feel good about the word. You want clarity and a level of certainty about the word and it's meaning. Then go on to the next word.

-If the word is not in your personal dictionary, then follow the procedures you used "illuminating/activating" words in Lesson 2, and add that word to your personal dictionary.

-Complete all the words.

Here are the words:

activate; advantages; acceptance; active; affinity; agitation; alert; alignment; analytical; anger; annoyed; argue; articulate; assuming; astonished; attack; attributes; awake; awakening; axiom; behavior; believe; belief; benefits; beyond; bliss; blockage; builds; category; certain; challenged; characteristics; circumstances; cognition; complete; comprehensive; communicate; communication; concepts; conditions; confidence; confusion; connectedness; concerned; constant; control; convey; converting; conviction; convince; creative; cumulative; cycle; data; decision; deep; defend; defensive; define; degree; delight; derivation; designed; detail; discern; discernment; discrimination; discuss; different; difficult; disconnect; discord; documented; doubt; downward; drive; duality; easily; effect; effortlessly; emanates; emotional; encourage; ensues; equanimity; equilibrium; erupt; essence; established; ether; evaluate; evidence; event; exactly; exercised; experience; exonerated; express; expressions; fact; faith; falsity; fear; flow; firmly; fixed; focus; forgotten; forms; foundation; frustration; glow; harmony; idea; illiterate; illuminate; illuminated; important; impossible; inability; incorrect; independent; indisputable; inner; input; instincts; intervals; introverted; irrational; instantly; intent; intending; intense; interfered; intuition; invincible; invoke; improvement; joy; laugh; learn; lesson; like; listen; luminescence; magical; meaning; memory; method; miserable; momentum; motive; motivation; notice; observe; observations; obvious; occurs; oneness; operate; operating; organism; origin; outburst; paradox; particle; pass; peace; perceiving; personal; persuade; pleasure; position; postulate; proof; proper; prove; pure; purpose; quantifiable; quickly; real; recall; redeemed; radiance; rarely; record; regret; restricted; results; rich; riches; root; roots; sad; senses; sensing; sensory; separate; separateness; share; situation; spiral; stable; steady; stymied; substantiated; suffering; tangible; terrible; threat; transforms; transformation; true; turbulence; unclear; unconditional; unknown; unleashed; unlimited; unlock; unit; unreality; untruth; validated; vocabulary; vindicated; word;

Well done!

Now, some questions. Remember, anytime I ask you a question, use the process from Lesson 2 that you used when answering questions. Take your time. Think about the question. Maybe read the question several times. Ponder the question. Look and search your mind and the Universal Field. Use your feelings. Go slow. Concentrate. Focus. Pay attention. Be alert, awake, and aware. Be conscious. Be in the present moment. Be here now.

Then, answer the question out loud to me.

-Why do you think this procedure of "illuminating/activating" words is so powerful and so important?

Thank you

-Was there any word or words that, when you were doing the process, caused you to have a cognition, and if so, please articulate it to me.

Thank you

-Did you have any other cognitions, new understandings, new comprehensions, new viewpoints, about anything, and if so, tell them to me now.

Consider this:

"Success" (material/financial) in life, as well as inner bliss, peace, harmony, contentment, fulfillment, joy, all come from the free flowing of energy/vibration/frequency. When this flow is blocked, interfered with, or stymied, then frustration, confusion, discord, agitation, and all the "negative" emotions ensue.

When the energy is free flowing, you can focus your thought effortlessly thus manifest anything you want quickly and easily. You feel good, thus have "positive" vibrations/frequencies that attract and create more situations, people, events, circumstances, and conditions that give you more reasons to feel those positive emotions. Thus, in addition to manifesting what you "desire", you also have inner peace/joy/bliss/fulfillment.

When negative emotion ensues, it creates negative vibrations/frequencies that attract and create more situations, people, events, circumstances, and conditions that give you more reasons to feel those negative emotions. You cannot focus your thoughts easily. You do not manifest what you want and you feel terrible.

You/SELF are actually beyond vibration/frequency. You are pure consciousness/awareness. You are pure "essence". You thus "have" (and "need") a mind/ego that uses vibration/frequency to manifest things in the physical/material reality consisting of matter, energy, space, and time.

Love your mind/ego! Get back control of it. Use it as it was designed to be used and WHY it was designed to be used (for your delight).

Here is how the SELF works with the body and mind/ego, and how they are actually one, and all work together:

You (consciousness) imparts to your mind it's choice/essence/"desire/want" (but now we know that it is really not a desire or want based on the true definition of those words).

Your mind/ego also gets input from the body directly for the body's needs for survival as the body is an organism (which includes desires for sensory pleasures).

Your mind/ego also gets input from the "image makers" programming that comes in from all of the physical body senses.

All three of the inputs the mind/ego receives come in the form of either vibration/frequency, images, words, or sensations.

The mind transforms the vibrations/frequencies into words and images (and sometimes bodily sensations).

The mind transforms images into words, vibrations/frequencies, and sometimes bodily sensations.

The mind transforms words into vibrations/frequencies, images, and sometimes bodily sensations.

When there is lack of understanding, comprehension and knowingness of words, or when there is confusion as to the meaning and origins of words, you can now see that there is a weak link in the chain. Converting frequencies/vibrations to words becomes difficult or impossible when the meaning and origins of words is incorrect, unclear, or unknown. This leads to frustration, discord, agitation, and an inability to have a free particle flow of energy.

Focus, concentration and attention are also diminished. A feeling of disconnect from Source erupts.

It also creates "misunderstands", falsities and untruths that form: "beliefs", decisions, postulates, wants, desires. These "beliefs", decisions, postulates, wants, and desires, are based on incorrect data, falsities and untruths. You now have a foundation of "unreality" that you base your whole life on, and that runs your life. You have very little certainty, very little true knowingness.

All this leads to a lower thought speed, which leads to a lower ability to manifest. This leads to a higher feeling of separation from Source leading to more "negative" emotions, which in turn lead to "negative" thoughts, which lead to creating "negative" situations, events, circumstances, people and conditions in your life, and the downward spiral continues. This is the momentum cycle described in the Success Mastery Course in it's negative sense.

Also, when you hear a word, or read a word, and do not know the full meaning of the word (and it's origins), you are instantly put in a state of confusion to a certain degree (depending on the level of confusion, misunderstanding, or not knowingness). Everything you read or hear after you pass the word you did not

understand in turn is not understood, or misunderstood, or totally forgotten, or not comprehended at all.

This leads to confusion, and uncertainty. It creates fear. It leads to instability.

This all leads to suffering and pain on all levels to varying degrees.

Thus, one powerful, little known and little used secret to achieve equanimity, making it easy and fast for you to manifest what you desire, and to have inner joy/bliss/peace at all times, is simply making sure you know the full meanings of words.

But there is more.

Words have origins. An English word might have its roots from German, Greek, Latin, or French for example. When you find the root of the word, the origins, original language, and derivation of the word, you unlock your own memory of the word, and its powerful energy. As you are an eternal being, you have memory of all words, their meaning, their origins, and their original power (more about this in a future Lesson).

All words were given "power" (vibration) when they were created. That power still exists. It is only unleashed when the power is activated. It is activated by memory (recall), understanding, knowingness and awareness.

When it is activated, you can then speak words with your voice and unleash that power into the ether. It is that power (vibration) that is invincible, unlimited, omnipotent, omnipresent and creative in its nature (more on this in future lessons).

The power is consciousness itself. It emanates from your intention when using the word and can only come from full awareness of the word itself.

Each letter actually carries meaning and power (vibration) as well (we will discuss this more in a future Lesson).

"Success" in all areas of life comes in part from "communication" with words to and from others. You use words yourself to convey thoughts, concepts, ideas, images and intentions to others. You need to understand the words you use and those used by others, with full certainty, understanding, and comprehension in order to unleash the power of words, create affinity and connection with others, and keep the free flow of energy without blockage.

Being able to fully express what you are "feeling", sensing within or intending, creates magic. Being able to understand what someone else is trying to communicate allows for this magical free flow of energy. This creates true bliss.

When you cannot fully express what you are feeling inside, what your inner intentions are, or what your sensations, perceptions, ideas, concepts, thoughts, images, motives, and understandings are, your energy flow is stymied/blocked. You get frustrated, confused, agitated, distressed, have inner turbulence and feel disconnected to Source. Negative emotions flow.

In many cases, anger, yelling, stress, anxiety, and outbursts can erupt. Irrational behavior occurs. You say and do things you later regret. This is one major source where violence comes from: Simply an inability to express oneself; an inability to communicate; having "misunderstood".

One can fully express oneself and communicate without knowing (understanding) lots of words. You do not need a large vocabulary to be blissful, and manifest riches in life. There are many "enlightened" beings with pure equanimity who are illiterate. There are billionaires with very small vocabularies.

Communication and expression are not restricted to just words. Communication and expression come in various forms. Art, music, athletics, cooking, making things, "doing" things, decorating, gardening, playing with animals, choosing the cloths you will wear, or your hairstyle, tattoos, all of these and many more are forms of expression and communication.

The "secret" is this: if you want to manifest and/or be bliss, you must be able to fully "communicate". You must be able to express what you are "feeling" inside. You must be able to understand what you are perceiving in the world, and what is being communicated to you. You cannot have confusion, "misunderstood", or frustration.

Knowing words (having them illuminated and activated) gives you many advantages over not knowing (having misunderstood) words. But it is not the only way to bliss and material success (you can be a billionaire and have massive amounts of "misunderstood", but you WILL be miserable and have massive amounts of emotional pain if you have lots of "misunderstood"). Knowing words is just one helpful method for increasing your manifesting power, and very helpful for achieving bliss. In order to achieve total inner peace/bliss/joy, you must have understanding, you cannot have a foundation of misunderstanding, falsities, untruths, or misunderstandings.

For MOST of you, this process will be one of the powerful exercises you will ever do and create quantifiable tangible results you can see, feel and experience. It can make manifesting and being blissful come much faster and easier than you could ever imagine.

You have massive advantages when you can fully communicate (both ways), and/or express yourself. Being able to "get out" what you have inside/within, allows a free flow of energy and keeps you in alignment and connected to Source, making you feel good.

Being able to get someone else to "get" what you are saying creates a connection with them. It creates affinity with them. This creates harmony with others, and actually helps them, by, among others things, reducing their own frustrations by helping them achieve a free flow of energy within themselves and between the both of you.

Being able to fully understand what someone is really saying, gives you a greater degree of "understanding" and awareness. It reduces confusion. It increases certainty.

Being able to fully "communicate" (both ways, giving communication and receiving communication) with a full use of activated illuminated words, gives you access to power/vibration, that you did not have access to before, thus making it easier and faster to manifest what you desire. It also increases your thought speed, comprehension speed, decision speed, and dramatically raises your level of awareness/consciousness of your connection to Source, thus increasing your inner peace/harmony/bliss/joy.

Now some questions (remember, take your time and think about the answer. Focus. Concentrate.):

-Tell me as many forms of expressions you can think of.

Thank you.

-Define communication for me in detail.

Thank you.

-Tell me as many forms of communication you can think of.

Thank you.

-Explain to me the advantages of being able to "communicate and express yourself".

Thank you.

-Think of a time when you got angry, or frustrated, or some other negative emotion, when you were trying to communicate or express something, and you were having a hard time getting someone to understand what you "really meant, or really were trying to say". Now describe it to me in detail.

Thank you.

Imagine being able to effortlessly communicate to someone, and they get what you are saying quickly and exactly as you intend. Tell me how that makes you feel?

Thank you.

Imagine being able to 100% "get" what someone is trying to communicate to you, with 100% certainty that you have what they are communicating exactly right, as if you are reading their mind. Tell me how that makes you feel?

Thank you.

Did you have a cognition, new perspective, new understanding, or new viewpoint on anything, and if yes, please explain it to me now.

Thank you.

Freedom (bliss/peace/joy) comes from your full, total, and complete awareness, consciousness, understanding, and comprehension of all images, sensations/feelings, words, and vibrations/frequencies. This always gives you the ability to completely focus your thought, thus, manifest what you "desire" easily, effortlessly, and quickly.

With total understanding, you no longer "believe" anything. You do not have "faith" in anything. You have certainty and knowingness. This gives you peace and unlimited POWER.

This process of "illuminating and activating" words increases your "knowingness". Knowingness is different from "knowing about" something. It is also different from believing something.

To the best of your ability, define (out loud) "to believe" or "belief".

Thank you.

Tell me 1 of your "beliefs".

Thank you.

Why do you believe it?

Thank you.

To the best of your ability, define (out loud) "to know about" something.

Thank you.

Tell me something you "know about".

Thank you.

How do you "know about" it?

Thank you.

To the best of your ability, define (out loud) to "know".

Thank you.

Tell me something you "know".

Thank you.

How do you "know" it?

Thank you.

Are you certain that what you "know" is true?

Thank you.

How do you "know" it is "true"?

Thank you.

Did you have a cognition, new perspective, new understanding, or new viewpoint on anything, and if so, tell them to me now, if not continue reading.

Thank you.

Now, consider these concepts:

If you say you believe something, you actually have very little to base your belief on. You say you just have "faith". If you actually had lots of data supporting your "belief", it would not be a belief, it would be a fact: something you say you "know" to be true. You only say you believe something because you do not have enough facts where it becomes indisputable.

If you are male, you do not say, I believe I am a male. You know you are a male. It is not a belief. It is a fact. You "know" you are a male. You have certainty in that fact.

Beliefs are always based on very few facts. You always have a degree of doubt about the belief. You defend your beliefs. You attack others who do not share the same

belief. You have deep inner fear that your belief is untrue, and that you are "wrong". You try to "prove" your belief is true. You are actually trying to prove your DECISION to believe "it" is the right decision, not so much that the belief itself is true. Your real need is to be "right".

When you "know about" something you have lots of facts and data to back up everything you say you "know about". But you really just "know about" it. You still have inner doubts. If you read a hundred books on China, watched dozens of videos on China, talked to and interviewed lots of people who lived in China, studied China in school, you could say you "know about" China. You could even be called an expert on China. But if you never went to china, never lived in china and you are not a Chinese person who lived in China their whole life, you really do not "KNOW" China. You only "know about" China.

Beliefs come from the ego/mind. "Knowing about" also comes from the ego/mind. Knowingness comes from the SELF.

The mind/ego comes from the concept of duality/separateness. That means that there is an object, in space and time, with a fixed position, and then there is another object, in space and time, with a fixed position. Both are 100% separate and independent.

The SELF comes from the concept of oneness/connectedness. This means that there is no objects at all, no space and time, and no fixed positions. SELF is here, it is there at the same "time", it is everywhere. Everything is connected, as everything is the same "essence". Everything is linked, and are of the whole. Everything is the same consciousness/awareness. Everything is "one".

In order to have a belief, you MUST have a fixed position in space and time. You must have a sense of duality and separateness. Thus SURVIVAL is the driving force. Thus, you have the need to convince and persuade others to your belief, and feel threatened when someone does not agree with your belief. This is a survival instinct. You are concerned with how others see/perceive/think about you. You judge, criticize, and condemn others. You find fault. You see where others are "wrong" and see where you are "right". You see that you are "right" about everything. You have a constant need for validation. You NEED to feel vindicated, exonerated, and/or redeemed if someone disagrees with you. You have a deep inner sense of fear. You have DOUBT (a belief is actually a DISBELIEF!). Beliefs manifest in either arrogance or strong introverted characteristics. The stronger the "belief", the stronger all of these attributes are. The more beliefs you have, the more intense, and obvious all of these attributes become. It seems to be a paradox for sure.

Knowingness comes from the sense of oneness. Thus with no fixed position, and instead a feeling all is connected, there is no need to convince anyone of anything. There is never a sense of threat if someone does not "agree" with you. You have no survival drive. You simply live in a state of acceptance, understanding, certainty,

knowingness and unconditional love. There is no fear. There is no sense, feeling, or need of criticism, condemnation, or judgment. There are no doubts. No one is "wrong". All are one, thus all is a perfect whole. You have no need for validation. You have a stable, steady, sense of confidence and conviction. You are firmly yet effortlessly established in the "state" of pure beingness. You have a certain radiance, luminescence or "glow".

Remember, only the ego/mind can dislike things as it comes from fear. It is defensive. It is the ego/mind that argues, feels angry, attacks, and feels threatened when challenged.

Now, take a few minutes (as long as you want, the more focus on this the better) and think about as many of your beliefs as you can.

Thank you.

Now, take a few minutes (as long as you want, the more focus on this the better) and think about as many of the things you claim you "know about".

Thank you.

Now, take a few minutes (as long as you want, the more focus on this the better) and think about as many of things you claim you "know".

Thank you.

Did you have any cognitions when you were thinking about the 3 items above, if so articulate them to me now.

Thank you.

Now, after reading all this material, and thinking about your beliefs, the things you claim you "know about" and the things you claim you "know", articulate (communicate) in detail, what you are thinking now.

Thank you.

How are you feeling now?

Thank you.

Why do you think you are feeling that way?

Thank you.

If you are feeling threatened now, it is the ego/mind that feels threatened. Your powerful mind/ego that has had control of "you" for such a long time, now knows that "you" are awakening. If you feel any negative feelings, it is the mind/ego being "exercised" by your awakening SELF. Remember, it is the mind/ego that must defend it's "position" in time and space. It also must attack others. It must make others wrong and itself right. It must convince others to it's "beliefs" and point of view. It always finds fault. Any of these feelings mean your "SELF" is now coming back in control. This is good.

If you are feeling warm, tingling, joyous, happy, peaceful or any positive feelings, it is the SELF that is "awakening" and you are connected. This is good.

Whatever you are feeling, the end result is your "power" is being turned on. This is good.

This is the beginning of seeing everything in a new way. It is the beginning of feeling everything differently. It is the beginning of being in complete control over your life and experience.

Now, get your Lesson notebook. I will ask you some questions. Follow the instructions for answering questions. Always take your time and focus. Always first say the answers out loud to me in detail. Then write the answers in your notebook. The written answers may be shorter than your verbal answers, but for some of you, your written answers might be actually longer and more detailed than your verbal answers.

Make sure you always start with a fresh page in your notebook, put the day, date, time, location (be specific and in detail), conditions (maybe even include what you are wearing), and the lesson you are working on.

-What did you dislike about this lesson?

-What did you dislike the most?

-What in this lesson annoyed you?

-What in this lesson did you not agree with?

-What in this lesson made you angry?

-What in this lesson made you feel sad?

-What in this lesson made you want to leave, stop the lesson or "run away"?

-What did you like about this lesson?

-What did you like best about this lesson?

-What in this lesson did you agree with?

-What in this lesson made you laugh?

-What in this lesson made you feel good?

-What did you get out of this lesson?

-Did you make any decisions, or postulates while going through this lesson, and if so, tell them to me now, and then write them in your notebook, if not, continue reading.

Answer the following questions out loud and then write the answers in your notebook.

-How do you feel now?

-Explain to me your understanding of personal transformation.

-From the time you started this Lesson, to right now, did you have any cognitions, epiphanies, new understandings, new viewpoints, new perspectives or new comprehensions about anything, and if so, tell them to me now, then write them in your notebook, if not, continue reading.

Thank you.

If you want constant and effortless inner joy/peace/understanding/happiness/harmony/equanimity and every other positive emotion you can think of, AND if you want to have the unlimited ability to manifest ANYTHING and EVERYTHING you choose, 2 keys fundamentals are:

-being able to express yourself and communicate (as defined in this lesson, and comes in part from illuminating and activating words)

-understanding and having "awareness" of the difference between both YOUR and OTHERS beliefs, knowing about, and knowing.

When you have these 2 key concepts, you can "go" to the next level of understanding, which is a rise in your vibration attractor field.

With the knowledge of expressing yourself and communicating, going forward you will now start to see others differently. Your eyes will be open when you see OTHERS unable to express themselves or communicate. Your understanding of their challenge will invoke love from you, instead of criticism, condemnation or judgment. You will see magic happen in your life with this understanding.

With the knowledge of beliefs, knowing about, and knowing, going forward you will begin to eliminate all your "beliefs", and understand others when you see them holding tight to their own beliefs. You will see falsity and truth clearly. You will also be able to discern and discriminate when you read books, go to seminars, and listen to others, for now your eyes will see "beliefs" or "knowing about". You will see and feel the ego/mind at work. You will see and feel when the SELF is illuminated and active. You will have more clarity and certainty. You will begin to clearly KNOW true knowingness when you see it in action, sense it, and feel it in yourself and others.

Both of these concepts raise your own awareness/consciousness bringing into your life stability.

From here now, you will see and notice that you will have a much greater sense of being "stable".

Now consider 2 words: Discernment and discrimination. In the very beginning of the Success Mastery Course (actually the beginning of the Your Wish is Your Command cd series), it talks about "who do you listen to". The initial answer is someone who has what you want and has been where you are. Very few people fall into this category. Later in the course it talks about listening ultimately to your own inner voice, your "gut", your instincts, your intuition, your FEELINGS.

Consider that for all time, always listen to everything with discernment and discrimination. Even in this course, do not blindly accept all that is written here. When you read a recommended book or go to a suggested seminar, see a speaker, watch a DVD, ALWAYS listen to your feelings. Be OPEN and receptive, but at the same time allow the SELF (not the ego/mind), to evaluate what is being presented to you. You can and should learn from everyone, but you LISTEN to the SELF.

Before we end the lesson let me tell you what you should do between now and when your next Lesson arrives.

-I encourage you to read this Lesson again, and do everything in the Lesson a second time. When you get to the word portion, simply go to your personal dictionary and read what you have written for each word on the list.

-When you go through this Lesson again, if you find any other words you want to illuminate and activate, do so, and add them to your personal dictionary.

-Anytime, anyplace, you read or hear a word you want to illuminate and activate, do so and add it to your personal dictionary. Get into the habit of doing this and watch magic happen in your life.

-Anytime you hear someone use a word that you do not know 100% yourself, or you think the person is using it incorrectly, ask them how THEY are defining the word. It will help them and you tremendously.

-Throughout the month notice and be aware of yourself and others. Focus on looking for yourself and others: coming from a place of "beliefs and defending beliefs; coming from a place of "knowing about" something; and coming from a place of pure knowingness. You will be astonished to find that rarely do YOU or others come from a place of pure knowingness. Use your personal Lesson notebook from time to time throughout the month to record your observations and thoughts on this issue. Notice the ego/mind in action operating out of fear. Notice how rarely someone operates out "knowingness and certainty".

-Consider eliminating the word "belief" or the phrase "I believe" from your speech. Change "my belief" or "I believe" to "I think", "I feel", or "I am currently considering.." etc (come up with your own ways to communicate that you really do not KNOW, but just "know about", are hoping, are guessing, are leaning a certain way etc).

-Consider only using/saying "I know" when and only when you have 100% certainty through personal experience and complete awareness. When you actually DO "know", which is rare, you never have to talk about, defend, discuss, convince others, or even think about that which you truly KNOW.

-Watch the DVD "The Secret", and "What the Bleep do we Know about" at least once each before you get next month's Lesson. Ideally watch it with family or friends and discuss it. Watch them as often as you can. Spaced repetition (seeing them over and over again at spaced intervals) creates new neuropath ways in the brain and creates new programming that can produce positive improvements in your analytical as well as subconscious thinking (Go online and order these DVD's, as soon as you finish reading this Lesson. Do NOT put this off. DO it the MOMENT you finish reading this Lesson).

-Read the book The Field. This book has the scientific proof and indisputable documented, substantiated evidence that proves that everything in this Course/Lessons, and The Success Mastery Course, and what spiritual teachers have been saying for thousands of years is all true. This book will begin to dramatically increase your personal understanding. You should finish this book in 10 days from the time you get it (Go online and order this book as soon as you finish reading this Lesson. Do NOT put this off).

-If you have not listened to the Your Wish Is Your Command CD Series, I would encourage you to listen to it as it contains the main fundamentals for this course.

-By now this Course has given you an "experience". The knowledge, the exercises, the questions, the "energy", all may have begun the process of awakening your own

inner "essence". Write a testimonial about how this course has already positively affected you. Email it to us. Put it up on various face book pages (like the KT community page <https://www.facebook.com/TheKevinTrudeau> Share it with others. Encourage others to enroll and subscribe to this course.

Remember, this course is designed to help you manifest your dreams while at the same time help you achieve inner peace and harmony so you feel good all the time. Your wonderful life is happening NOW. Embrace it!

Until next month,

May you never be the same.

Much love,
KT